



Hello Cheadle U3A Members

Welcome to the **January 2016 E-news** - Keeping "In touch with ewe"!

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Items for the **next E-news** to Sarah before **Thursday, February 4th** please.

Make it habit to visit our **WEBSITE** www.theadleu3a.org. It contains a calendar of events, information on activities, how to contact committee members, group leaders and much, **much** more.....

Help to keep our "hard copy" members up to date - be a "buddy". **SHARE** this information with a friend or neighbour if you know they are not on the internet. Why not drop them off a copy next time you pass so that as many members as possible receive this information update. We encourage you to use the **online PDF** file to print out a copy as this ensures the format remains accurate. You can click on the link at the **top of this page** to obtain a PDF copy of this e-News from our website!

Look out for our **(Doclinks)** and **(Photolinks)** click spots - let your fingers do the clicking!

MEMBERSHIP RENEWALS - (Webpage)

If you have not renewed your subs yet, its not too late! We now enter what has previously been referred to as "The Period Of Grace". This is the time during which subs can still be renewed, although those of you who have not done so yet may be refused entry to the U3A film showings at Uttoxeter Cinebowl. Also, people who are on waiting lists to join some Activities might start to get impatient. So if you still intend to renew your membership, best not to leave it too long now. **The Period Of Grace runs until one minute to midnight on the last day of February.**

Would everyone please keep an eye out for those members who for whatever reason may not have renewed their membership in time for the start of 2016. I know we have the "buddy system" for members without email facilities, now is the time for the buddies to check up on them. Group Leaders will be aware of long blank rows on their registers, indicating that some members of their Activity have been absent for a while. We must ensure as far as possible that no member remains unaware of the need to renew, and that members who need help get it. I hope you all had a Merry Christmas, and are having a Happy New Year!

Membership Sec. Chris Beesley (07790 689173) - membership@theadleu3a.org

COFFEE MORNING January 13th, 10am - 12pm at the Guild Hall, Cheadle. (Webpage)

Committee members and group leaders will be available, for consultation. Meet your friends, book and jigsaw exchange, book holidays and trips, buy homemade cards for charity, plus Cheadle Fairtrade Group stall and lots more including a donation box for *Cheadle Food Bank.

LEEK U3A - MEMBERSHIP SUBSCRIPTION CHANGES

We have been informed by the Committee of Leek U3A that they are discontinuing the reciprocal agreement for membership subscriptions that they have with their neighbouring U3A's. This means that from 2016 any member of Cheadle U3A who takes part in a Leek U3A activity will now be required to pay the Leek U3A annual membership subscription. The Leek U3A subscription for 2016 is £15 but a reduced fee will be charged to members from other U3A's because Leek will not charge them the National Third Age capitation fee (this has already been paid through their "Home" U3A subscription and is approx £5). We (the Committee of Cheadle U3A) regret this decision by Leek U3A but we have voted unanimously not to impose a reciprocal requirement for Leek U3A members to pay our annual subscription. This is because the majority of the Cheadle £10 membership subscription goes towards the payment of a member's Third Age Trust capitation fee and the twice yearly Cheadle U3A newsletters. Members of other U3A's have the capitation paid by their own U3A and they do not receive our Cheadle newsletter. They do, however, contribute to our finances through payment of the £1 group fee.

However, Cheadle U3A members will always have priority over members of other U3A's when it comes to allocation of places in Cheadle U3A activity groups. If a group has a waiting list of members from both Cheadle and other U3A's the Cheadle members will be allocated places first. If a group is full and has existing members from another U3A in the group who have not paid the Cheadle membership subscription then they will be asked to leave the group to make a space if a Cheadle member wishes to join.

RAMBLERS - (Webpage) - (Gallery)

Woodseaves (07-12-15) (PhotoLink)		Oakamoor (21-12-15) (PhotoLink)	
Tean (14-12-15) (PhotoLink)		Tean Walk Signs (DocLink)	
Date:	Details:	Leader:	Contact:
11/01/16	Cellarhead - Leek (Linear Walk)	Tony	01889 567083
18/01/15	Rudyard (Xmas Meal)	Rose	01538 752705
08/02/16	Gradbach	Gordon	01538 722634
01/02/16	TBA	Glynis	01538 752815

SHORT WALKS - Avg distance 4miles (Webpage)

Date:	Details:	Leader:	Contact:
11 Jan	Consall Nature Reserve	Alan	01538 703161
18 Jan	Church Leigh	Mick and Arthur	-
25 Jan	TBA	Margaret Plant	-

PUB STROLLERS (Webpage)

Date:	Details:	Leader:	Contact:
Jan 20th	Master Potter	Roy/Glenys	01538 753568

ARCHITECTURE - David Slade - (Webpage)

The next meeting will be January 20th in the Guild hall at 10.00. We will look at the Romans who develop and refine Greek architecture throughout the Roman Empire, in the process inventing lime concrete which enables them to produce buildings of a grander scale. There is also more information available on the social conditions of Roman societies so I will include that and also several videos which vividly explore the beauties of Roman architecture.

Contact: david.slade@theadleu3a.org .

NEW! - FIRST AID / HEALTH CLASS - Janette North

Wednesdays 3rd Feb, 17th Feb, 2nd March, 16th March at Cheadle Cricket Club 1pm - 2.30pm.

1st Session

- Managing the situation and keeping yourself safe.
- Checking the casualty for injuries and conditions
- Fainting.....how do you know they've fainted.....what to do
- Recovery position (this will require the attendees to kneel or sit on the floor)

2nd

Session

- Shock.....causes and treatment
- Bleeding.....What sort of bleeding and how to treat it.
- Burns.....how severe and what to do

3rd Session

- Heart attacks signs/symptoms/action - Cardio Pulmonary Resuscitation. (attendees will be required to kneel)
- Strokes.....signs/symptoms/action - F.A.S.T

4th Session

- Practical session putting into practice what you've learnt.

During these sessions hopefully people attending will decide if they want to go on to do more sessions on various subjects such as Epilepsy, Diabetes, Allergies, Asthma, Infection Control, Food Safety. Really any subject that people are interested in. Places are limited so it will be first come, first served. Please contact Janette to register your interest before the first class:

Phone: **07966 023 113** , Email: health@theadleu3a.org

MUSIC ENJOYMENT GROUP - Alan Lewis - (Webpage)

Mon Jan 11th - A complete contrast with David Bintley's wonderful comic ballet of Harold Brighouse's well known play Hobson's Choice. Even none ballet fans cannot fail to enjoy this brilliant original performance given by the Birmingham Royal Ballet. Both the dancing and the music, which contains some well known folk melodies woven into the score, are superb. The whole piece is full of wit and originality and you are sure to leave with a smile on your face.

Mon Jan 18th - Rigoletto Giuseppe Verdi. A performance from Dresden of this well known Opera with some innovative staging. The performance received rave reviews at its inception and includes world class vocalists.

Mon Jan 25th - No Meeting.

Mon Feb 1st - This week we will look at a programme called Edward Elgar, A Hidden Portrait. This was originally broadcast on BBC and fronted by Andrew Davies who at the time was chief conductor of the BBC Symphony Orchestra and frequently seen at the proms. In this programme he unravels the famous musical puzzle contained in the Enigma. This is followed by a performance of the piece in Worcester Cathedral by the BBC Symphony Orchestra with Davis conducting. Not to be missed.

Mon Feb 8th - Time for another G and S operetta so this week we will look at what is certainly one of their most popular comedic operas Ruddigore. Come along and enjoy this lighthearted piece with Sullivan's brilliant orchestration and Gilberts witty songs.

Mon Feb 15th - No Meeting.

Any queries please contact Alan Lewis, Tel: **01538 754208** or email: alan.lewis@theadleu3a.org or visit our [Webpage](#)

CINEMA - Linda Keighley (Webpage)

Forthcoming Films at Uttoxeter Cinebowl. A special showing of the following films has been arranged for the U3A members:

"The Danish Girl" Rated 15, Drama Biographical, **12th January 2016 at 10.30am**

The cost will be £3.60. Please arrive at least 15 minutes before the start time. Tickets can presently only be purchased immediately beforehand as advanced ticket sales for U3A shows are currently unavailable. Telephone and internet bookings are also not permitted. PLEASE TAKE YOUR U3A MEMBERSHIP CARD WITH YOU WHEN PURCHASING YOUR TICKET SO AS TO BE ABLE TO PROVE ELIGIBILITY TO ATTEND.

CARD CRAFT - Lynn Shooter (Groups Coordinator)

Please note that this class has stopped running for the moment. Stella hopes to re-start her classes in April at a different venue. More details in the February E-news.

THE WRINKLY RIDERS GROUP MEETING - change of day Joan Charles - (Webpage) - (Gallery)

The planning meeting to organise a trip to the Morecambe Bay Cycle path is now on Thursday 14th January. My house 7pm. Joan Charles, **01538 753545** or email cycling@theadleu3a.org

SPANISH TAPAS (Webpage)

The Spanish Group finished their sessions before the Christmas break with Tapas at the Cricket Club. [\(PhotoLink\)](#)

*** CHEADLE FOOD BANK NEWS - Barbara Hill**

Cheadle and District Foodbank are very grateful indeed for the great generosity of the people of the town over the last 2 years. Thank you so much.

We have received a large quantity of donated food during Harvest and up to Christmas 2015. Current stocks are now healthy and, based on experience, we know we can meet the expected level of demand for the near future. There is limited space in our rented premises for excess stock.

So, it is intended that any large stock surpluses of certain food types, or food which is just "on date" will be transferred to Stoke-on-Trent Foodbank who will hold it for Cheadle; or will be moved on to homeless charities in the Potteries area where there is a continuous need.

Food types which reach early sell-by dates, and so are always needed, are UHT Milk and cereals. We also generally receive less donations of tinned fruit, tinned sponge puddings and children's chocolates. Toiletries including ladies' products are also very helpful.

Once again - thank you Cheadle - we are a very big-hearted town.

SOCIAL EVENTS 2016 - DATES FOR YOUR DIARIES

PRESIDENTS DANCE AND BUFFET SUPPER

Tickets will be on sale at the January Coffee Morning for "The Presidents Dance and Supper", to be held in the Guild Hall on Saturday 20th February 2016, starting at 7.30 pm. For the very reasonable price of £7 per head it's an opportunity to join our retiring President, Mr Alan Lewis to enjoy a broad selection of dances (Not quite Strictly!) followed by a luxury cold buffet supper. Bring your own drink to make the evening go with a swing.

WHIST DRIVE - WEDNESDAY MARCH 16th CHURCH HALL, DRAYCOTT 2 - 4pm

Following the success of last year's very enjoyable afternoon we have arranged another Whist Drive for Wednesday 16th March at Draycott in the Moors Village Hall, 2-4 pm. All levels of players are very welcome. Tickets will be on sale at the January coffee morning. Entry £2, which includes a hot drink and a biscuit.

DRAMA AND SONG EVENING SATURDAY 23rd APRIL - CHEADLE ACADEMY 7.30 pm

Performances from our U3A Drama group, ACT3A and music from "Not Strictly Barbershop".

CREAM TEA SATURDAY 21st MAY - CHEADLE GUILD HALL 2 - 4 pm

A very popular event, featuring Dawn's wonderful catering and sing-along music from our Ukulele group, UKE3A.

CRAFT DAY TUESDAY 25th OCTOBER 2016 - CHEADLE GUILD HALL 10 am - 4pm

Try your hand at some new crafts and bring the grandchildren - it's half term!

BARN DANCE SUNDAY 6th NOVEMBER 2016 - CHEADLE GUILD HALL 7.30 - 10.30 pm

Music from Weasels Revenge folk band with caller Sylvia Fisher.

QUIZ NIGHT WEDNESDAY 23rd NOVEMBER 2016 - CHEADLE GUILD HALL 7.30 pm

MISCELLANEOUS

U3A SUMMER SCHOOLS 2016

to be held at The Royal Agricultural University. School 1 - 8th - 11th August, School 2 - 15th - 18th August.

Mailing address is: The Third Age Trust, 19 East Street, Bromley, BR1 1QE

Please find links to the information booklet and online application form below:

Download the course and application information!

Apply for a place at summer school!

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Please report any issues to our Webmaster: webmaster@theadleu3a.org
