



Hello Cheadle U3A Members

Welcome to the **October 2016 E-news**

Editor: Jenny Crump, jenny.crump@theadleu3a.org or telephone **01889 505674**
Items for the next E-news before 9am **Thursday, November 3rd** please.

Do visit our **WEBSITE** on a regular basis. www.theadleu3a.org. It contains a calendar of events, information on activities, how to contact committee members, group leaders and much, **much** more.

Help to keep our "hard copy" members up to date - be a "buddy". **SHARE** this information with a friend or neighbour if you know they are not on the internet. Why not drop them off a copy next time you pass so that as many members as possible receive this information update. We encourage you to use the **online PDF** file to print out a copy as this ensures the format remains accurate. You can click on the link at the **top of this page** to obtain a PDF copy of this e-News from our website!

Look out for our **(Doclinks)** and **(Photolinks)** click spots - let your fingers do the clicking!

THERE IS A COFFEE MORNING WEDNESDAY 12TH OCTOBER - (Webpage)

PUB STROLLERS (Webpage)

Date:	Details:	Leader:	Contact:
Oct 19	Bridge House, Alton, ST10 4BX	Margaret/Michael	01538 755183

Leaving Leisure Centre Car Park at 10:15

RAMBLING GROUP - (Webpage) - (Gallery)

Ashford in Water(19-09-16) (PhotoLink)		Middleton (03-10-16) (PhotoLink)	
Date:	Details:	Leader:	Contact:
10.10.16	Gradbach	Norman & Wendy	01538 754671
17.10.16	TBA	Glenys & Margaret	0178 396061
24.10.16	Dane Bridge	Gordon	01538 722634
31.10.16	Swynnerton	Phil	01538 756256

SHORT WALKS (Webpage)

Hello Short Walkers,

We are approaching the end of the year and the details in the list of walks and walk leaders names has becomes very sketchy. We have lost some of our walk leaders due to health or personal commitments. We will, however, complete the year.

I am in the process of preparing things for next year and in doing this I hope to be able to provide the location of the walk along with the walk leader's name before Christmas.

There are difficulties and a number of issues have arisen:

- There are not enough walk leaders
- Not everyone leads a walk

To address this situation I have the following three proposals:

- P1)** Reduce the number of walks during the year by not walking the first Monday of each month;
- P2)** Introduce a policy where all Short Walkers (in groups or pairs) must organise and lead a walk;
- P3)** Current walk leaders lead more walks.
- A1)** I have had general discussion with some Short Walkers and it is felt that it would be detrimental not to walk every week. If we did not walk one Monday and the next was wet we could end up with long periods without a walk.
- A2)** I know and understand that some people are "unable" (I use this word because I cannot think of a different one but I am NOT being offensive) or confident to lead a walk. Also I accept that some people are not walk leaders.
- A3)** I have spoken to some of our current walk leaders and know that although some will reduce the number of walks they lead others are prepared to lead more.

I am actively working with new walk leaders to help them organise and lead walks, I am happy to hear from others in the group who would like to lead on walks in their favourite areas.

Below is the list of walk leaders we currently have and the number of walks they lead, it shows the size of the problem.

For this year we have 42 agreed walks which still leaves us short.

By not walking the first Monday of the month, when Bank Holidays are included, we only need 37 walks.

The table shows 38 walk leaders which allows for the odd personal problem during the year.

By increasing the number of walks for our current walk leaders I can cover 49 walks, so with Bank Holidays this should be OK – Provided that the current Walk Leaders accept an increase.

Currently we have 17 walk team leads, as follows:

Leaders:		Walks 2016:	3 Monday Walks:	Increased Walks:
Mel and Lesley	=	3	3	3
Arthur and Mick	=	3	3	5
Margaret Plant	=	3	2	3
Alan and Beryl	=	3	3	4
Pete and Pam	=	2	2	2
Fay	=	3	2	3
Pat and Dorothy	=	3	2	2
Judy and Dot	=	1	1	1
Eric and Margaret	=	3	3	4
Bryan, Janet and Shirley	=	3	3	3
Chris and Val	=	3	3	3
John and Sandra	=	3	3	4
Clive Brassington	=	1	1	2
Tina and Bernard	=	1	0	1
Gladys and Gerald	=	2	2	3
Janet and Phil	=	2	2	3
June and Mick	=	3	3	3
Total	=	42	38	49

For the moment I have dismissed the idea of not walking on the first Monday of each month but walkers must either come forward to lead walks or the activity will reduce.

I would welcome your thoughts and comments

It is not all bad news. Last Monday, 3 October, we had a great walk over by Westport Lakes. The sun shone, there were no stiles and we didn't get lost.

Stay well and active!

Alan (Short Walks Leader), Telephone: **01538 703161**

OUTINGS AND HOLIDAYS - Margaret Plant - (Webpage)

November Wednesday 30th

Bath Christmas Market £18 Coach

A £5 deposit will be required per person per trip booked. Please book with Margaret Plant at the coffee mornings or by phone: **01538 752 756** , Mobile: **07956 891 894** or email **trips.holidays@theadleu3a.org**

GROUP NEWS

Guitar Group (Webpage)

Just a reminder. This group has moved from Wednesday afternoons to **Friday** afternoons.

Venue - Guild Hall Main Hall 2.30 – 5.00 pm

Architecture Group (Webpage)

This month we will be looking at the flowering of Gothic Revival the reversion to the truth and beauty of medieval Gothic where everything you see is functional. This is early nineteenth century and a leader appears who brings order to a loose arrangement of poor Gothic detailing and publishes several treatises on the true arrangement of the elements of Gothic architecture that are generally accepted. This man is Augustus Welby Pugin and we will look at the man and his work and his enormous influence on religious Gothic Revival in a time of Industrial Revolution when the working man is being under valued.

David Slade MA RIBA DPAGB

WRINKLY RIDERS (Webpage)

Wrinkly Riders end of season Baconfest will be held on Wednesday 26 October. All regular and occasional

cyclists are welcome.

Further details contact Joan Charles tel. **01538 753545**

SOCIAL EVENTS

A DAY OUT

Stella Heritage is organising a trip to Blackpool on SATURDAY 15th October leaving Alton 10 am and picking up in Cheadle. This is open to any interested parties at £10 a head payable on the day. If To book or to obtain further details **01538 702097** or email **Stella Heritage**

BARN DANCE

Tickets are now on sale for a Barn Dance at the Guild Hall on Sunday 6 November at 7.30 pm. Music will be provided by the Cheadle U3A folk band "Weasel's Revenge" and the caller is Sylvia Fisher.

Bring your own food and drink. Cost £4 per person.

Tickets are on sale at the Coffee Mornings or ring Ann Mundy **01538 308049**.

CRAFT DAY

On Tuesday 25 October we are holding a Craft Day in the Guild Hall from 10 am until 4 pm. A number of U3A groups will be exhibiting their crafts and there will be materials available for anyone to "have a go". Entry is free but there will be a small charge for craft materials. The event is suitable for young and old and we are holding it in the school half term holidays so that grandparents can bring their grandchildren along. Please put the date in your diaries and spread the word!

U3A QUIZ

The ever popular U3A quiz will be held in the Guild Hall on Wednesday 23 November at 7.30 pm. Quiz Master will be Mr Tim Handley. Teams of up to 6 people are invited to participate, at a cost of £2 per person. Bring your own food and drink.

Tickets are on sale at the Coffee Mornings or ring Ann Mundy **01538 308049**.

CHEADLE U3A 20th ANNIVERSARY

Next year Cheadle U3A will be 20 years old and the Committee are already discussing how to celebrate this milestone.

If you have any ideas about the type of event you would like to see organised or how to mark this occasion please e-mail or telephone Ann Mundy: **ann@the mundys.org** - **01538 308049**

Computer Phone Scams - Be careful!

Over the past few weeks, several Cheadle U3A members and others have reported that they received phone calls from various internet providers such as TalkTalk, BT-Internet, PlusNet, Sky etc. The caller claims that they have detected a problem with the computer or the broadband connection and would like to check your system.

This is a scam!

Just hang up. DO NOT carry out their instructions and NEVER TYPE ANYTHING they tell you into your Computer/Laptop/Tablet.

If you'd like to know more about these scams, there are some good web sites: **Beware Scammers**

Some recommend that you listen to the fraudster but I think you should just hang up as soon as you realize it's a scam.

If you have questions, don't hesitate to email me using this link: **webmaster@theadleu3a.org**

Be Safe, *Walter Jaggli* - *Webmaster CheadleU3A*

A PLEA FROM THE FOOD BANK

At our recent meeting of the Food Bank Committee we expressed our grateful thanks for the regular donations we receive from all of you and to thank you for responding so well to the particular items we ask for at various times.

However, this is a different kind of appeal. We would appreciate the help of more volunteers who could be called upon when necessary. If you or any of your friends can offer one session per month i.e. 2 hours it would help spread the load of work amongst those volunteers who come on a regular basis.

Applicants need to provide two references and be able to do lifting and handling of food stuffs.

If you can publicise this in your particular church or group it would be appreciated. Many thanks for your patience in this matter and your continuing support.

Heather Bates, Trustee Cheadle and District Food Bank



A TRIBUTE TO IRMGARD FREESTON (Late U3A Group Leader)

As many of you know Irmgard died recently and her funeral took place at Carmountside on September 22nd. Her son, Clive and granddaughter, Jamie, were her closest family, and they were supported by relations of her husband, Peter, who sadly died about 30 years before. About a dozen U3A members attended of which half had been in Irmgard's German group over the years, and some of her neighbours. Afterwards all were invited for refreshments at The Manor in Cheadle.

She was the long serving leader of the German Group for about 17 years. I was a member of her group for 10 years, though there are one or two U3A members who can beat that! When I was editor of "In Touch" magazine I wrote a small article about her. I have included an extract here.

Irmgard was born in Luxembourg and before she came to England after the war, she was an interpreter in Germany for both the IFO (International Refugee Organization) and then the American Forces. She came to the UK to work as an 'au pair' to a German Jewish family in Leicester. She met her husband who worked for the Ministry of Defence. She had happy memories of spending 18 years in Cyprus and learnt to speak Greek and then she came to North Staffordshire. Later after her husband died she moved from Checkley to Cheadle when as a native German speaker she was invited to take a U3A group for German.

She told me that she didn't think she could lead a group as she had no previous experience but then became one of the longest serving group leaders. Though there was a wide range of German speakers within the group, she always had patience and encouragement for all. Every week there was a coffee break and a Christmas party in December. What we all appreciated was her humour caused by German mispronunciation or sometimes a little innuendo. I remember particularly one of the original members whose hearing was difficult, when confused as to what the German was for both male and female chickens, asked "What is the difference between a hen and a cock?"!

From those of us who knew Irmgard we'd like to say...."**Danke schönund..... auf Wiedersehen!**"

Phil Boyer

STOP PRESS

I have learned today of a success story involving our former President, Alan Lewis. As many of you know Alan is a keen, competitive runner in road and cross-country races. His various successes this year have resulted in his having been selected to run in the 2016 British and Irish Masters International Cross-Country race in **Glasgow on Saturday 12 November** in the 75+ category. Alan is one of only 4 in the team. The race will be against teams from England, Scotland, Wales, Ireland and Northern Ireland. Alan also tells me that to give added interest the race he is in incorporates all the various women's age group races plus the over 65, over 70, and over 75 categories. And I thought a grey Saturday in November might be the time just to enjoy a good book!

So we wish him well, an enjoyable competition and a safe and happy weekend achieving what many of us can only sit back and admire. Good Luck to you, my friend!

P B Barnett (President)

MARCHINGTON ART EXHIBITION

CALLING ALL HOLBEINS, HOLMAN HUNTS and even HOCKNEYS!

Marchington Village Hall ST14 8LF, 11.00 a.m. to 5.00 p.m. Saturday 22nd and 11.00 a.m. to 4.00 p.m. on Sunday 23rd October 2016.

Tea, coffee, light lunches!

PREVIEW EVENING: 7.30pm - 9.30 pm Friday 21st October

If you are interested contact:
Wendy Scott, 'Spindleberries', 5 Lime Close, Doveridge, DE6 5NR, telephone **07944 749810**, or email **wendy@raggedrobin.co.uk**

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Please report any issues to our Webmaster: webmaster@theadleu3a.org
