



Hello Cheadle U3A Members!

Welcome to the June 2020 eNews

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Items for the next eNews before 9 a.m. **Tuesday, 25th June 2020** please. It would be helpful if people sent their news items in good time, otherwise they risk not getting them published.

Please add (enews@theadleu3a.org) to your contacts to ensure that CheadleU3A eNews displays correctly, including images!

Do visit our ([Website](#)) on a regular basis. It contains a calendar of events, information on activities, how to contact committee members, group leaders and much, much more.

Copies of past Cheadle U3A eNews can be downloaded from:

[Cheadle U3A Downloads](#)

CORONA EMERGENCY

We hope you are all safe and well in this time of unprecedented worldwide concern.

No doubt all our Cheadle U3A members are aware of the current emergency. There is a lot of information out there on the internet and we have compiled a list of the most helpful websites you can access to get more information:

- [gov.uk/coronavirus](https://www.gov.uk/coronavirus)
- [nhs.uk/coronavirus-covid-19/](https://www.nhs.uk/coronavirus-covid-19/)
- [u3a.org.uk/keeping-in-touch/](https://www.u3a.org.uk/keeping-in-touch/)

The national office also provides a regular Newsletter which we encourage all members with Internet Access to sign up to. Here is the link:

- <https://www.u3a.org.uk/email>

Keep Healthy, The Committee - Cheadle U3A

AGM 2020 postponed!

Due to the CoronaVirus Emergency, the AGM 2020 is postponed. Cheadle U3A members will be advised of the new date as soon as it is available.

COFFEE MORNING (Webpage)

Due to the CoronaVirus Emergency, Coffee Mornings are suspended until further notice!

EDITOR'S NOTE

U3A have produced the first "bite-size" ***U3A Newsletter for May 2020*** It's worth having a read so just follow this link.

[Short Walks \(Webpage\)](#)

Hello Short Walkers!

I hope that you are all keeping safe and well.

Now that the "Lockdown" has been eased slightly if you are going out walking with family, friends and colleagues I hope that you are still enforcing "social distancing". It is quite easy to keep 2m apart.

Beryl and I are well and have been getting out when we can. We have made big improvements to our garden.

I know these have been difficult times but it does bring home how important exercise is and Short Walks is the perfect way to keep healthy and start the week.

To date I have had no approaches from group members who would consider taking over Short Walks. It is not too late to come forward but unless I hear by the end of June the group will close on 30 June. At that time I will hand back the register and group equipment to Cheadle U3A. If this does happen and some one comes forward later the group can be reactivated.

Please get in touch by email or by calling me on the number below if you are interested.

Regards, **Alan Mendelson** Short Walks Leader

Telephone: **01538 703161**

JIGSAWS (*Webpage*)

Many thanks to Joyce for her jigsaws which were very popular. There are still 500 and 1,000 piece puzzles left. She is now confined to home but says her husband is willing to deliver if people are still desperate.

We must give Joyce a huge thank you and hope she keeps well.

Email: **joyce.burton593@gmail.com** OR Phone: **01538 702 445**

Art Group (*Webpage*)

We may be closed for the foreseeable future, but that's not keeping our members in total isolation. Most of our members have smart phones, and we use a messaging app, called WhatsApp. This App is encrypted and safe to use. We have 2 groups set up. One is a chat group and the other is one that we share our artwork, inspirational photos and special events, like weddings or parties that group members have attended and like to share with the rest of the group.

We have also been sharing funny videos and jokes to help keep us all smiling.

Those members who are not online, have had phone calls to make sure that all's well and that they have enough support.

So Art Club is carrying on painting, sketching, chatting and laughing, just as we always do, but in a different way.

Stay safe everyone!

Fee Fraser - Art Club Group Leader

Zooming Away with French and Spanish (*French*) (*Spanish*)

What a teaching and learning tool!

Today French Improvers zoomed into action for the seventh Friday. We've just discovered 'screenshare', so six dialogues in French discussing the current phase of lockdown (the homework from last week that members had emailed to me) zoomed onto our computer screens.

They were impressive. Each member read his or her own dialogue aloud, made sure that everyone understood it, then picked a reading partner to play the other

character - with expression, of course! We could have recorded it, but maybe that would have been a step too far. Next time perhaps....

Spanish Beginners zoom along each week too. The Group of 15 was too big for effective language learning online, so we split into two groups, meeting on Mondays and Thursdays.

Not to be left out, Spanish Improvers zoom every Wednesday.

Using Zoom free of charge allows sessions of 40 minutes at a time, so we do double sessions, shutting down at the end of the first then re-zooming immediately for a second.

So, as Group Leader, I double-zoom four times a week. Lockdown is just speeding by.

It's always lovely to be able to see everybody. We have quite a lot of fun too, with frequent visits from partners (supplying cups of coffee or technical help), dogs, even the occasional cat (called Smudge). Some people have discovered virtual screens and pretend they are actually in Egypt (pyramids), the Seychelles (beach scene), Northumbria (Dunstanburgh Castle) Consall Nature Park or Conway.

We may be locked down but we zoom all over the world.

Sue Fraser (22.05.2020)

Sew and Social Group (*Webpage*)

I hope you are keeping safe and well. If anything a lockdown should allow for more sewing time. Using up that stash we all have. Looking forward to when we can all meet up again.

During this time I have started working with Sewing Street TV. My first on air demonstration was making parts of a mans shirt. I thought maybe this could be our first project when we return (not compulsory!). Obviously it doesn't have to be a shirt for a man....the one I was wearing during the demo I made for myself & was made from a no longer used bedsheet. So get planning if you would like to join in, raid the airing cupboard for fabric, I know we can't go fabric shopping right now . If there is anyone who would like to join us & doesn't have a sewing machine to use, the group has been gifted one. I am still keen to get as many people as possible on board with making MORSBAGS. All fabric and labels are provided. Nice easy make for you to give away personally to family/friends/acquaintances or to add to the Cheadle Food Bank supply. I have had a request from a lady who donates to Stafford Hospital Chemo Dept. for some to give to patients when they first arrive. Another good cause but more help is needed to be able to accommodate this.

If you have any queries do not hesitate to contact me by phone **07973123392** or email **allison.maryon@gmail.com**

STAY SAFE everyone :)

Editor's Note

Help to keep our "hard copy" members up to date - be a "buddy".

SHARE this information with a friend or neighbour if you know they are not on the internet. Why not drop them off a copy next time you pass so that as many members as possible receive this information update. Please use the **View in Browser Link** at the top of this email to print out a copy.

Look out for our (**Webpage Links**) and (**Email Links**) click spots - let your fingers do the clicking!